



# SCHOOL ORIENTATION

It is **not always easy** to figure out which educational path to choose. If you are in doubt about which path to take, **talking to a professional** can certainly help. First, however, you can try asking yourself a few questions that can guide you in **discovering the right field for you**. Here are some food for thought:

## START FROM YOURSELF

- What are your passions, talents, hobbies and interests?

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- What are your strengths? And aspects in which you could improve?

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## EXPLORES THE EDUCATIONAL AND PROFESSIONAL LANDSCAPE

- Which courses/trainings exist? Which ones would I like to know a little more about and which ones do not attract my attention?

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- What can I do with this type of training? What are its professional outlets?

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- Do I know the type of profession I can do with this training? Is it something that is in my interest?

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## TALK TO...

- A professional (psychologist specialised in guidance)
- One or more people who have already undertaken this pathway
- One or more people working in the field
- If possible participate in a lecture open to the public
- Infoday